



DELAWARE HEALTH CARE FACILITIES ASSOCIATION

# Webinar Series

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## Topics in Dementia Care for Skilled Nursing and Assisted Living Professionals

*Lori Dierolf, BA, PCHA, CDP, CADDCT, CMDCP, CAEd, Instructor*

**Thursdays, March 24 – May 5, 2:00 – 3:00 pm • Register for individual sessions or entire series**

*This will be delivered via Zoom. 1 continuing education credit for NAB and the Delaware Board of Nursing have been approved for each session. To receive credit, you must attend the entire session. Sessions are live; credit is not available for recordings.*

### **March 24: Understanding Lewy Body Dementia**

Lewy Body Dementia is one of the more commonly diagnosed dementia-related diseases, yet most long-term care professionals know very little about what makes it different from Alzheimer's disease. In this session, those differences will be studied, and learners will review the two sub-types of this disease, as well as best practices for providing care to individuals who have been diagnosed with it.

#### **Objectives:**

- Review what Lewy Body Disease is and what causes it
- Recognize the symptoms of LBD and the brain changes that cause them
- Identify the differences between LBD and Alzheimer's
- Understand how to best support individuals living with Lewy Body Disease

### **March 31: Wet Brain: What to Know about Wernicke-Korsakoff Dementia**

Ask most long-term care professionals to describe Wernicke-Korsakoff, and your answers might be very interesting! This dementia-related disease gets its name from two conditions that happen together - Wernicke encephalopathy and Korsakoff syndrome, and many doctors think of them as different stages of the same disease. In this session we will review what causes this disease, its symptoms, and important things long-term care communities need to know about caring for individuals living with it.

#### **Objectives:**

- Review symptoms of Wernicke-Korsakoff Dementia and how it is diagnosed
- Identify the risk factors that make a person more likely to get WKD
- Understand the treatment options for Wernicke-Korsakoff Dementia, as well as possible complications when providing care for individuals in long-term care settings

### **April 7: Sexuality & Intimacy in Dementia Care**

It's likely you didn't enter the healthcare field so that you could be groped and sexually propositioned all the time - you entered it to help others, right?! So why are sexual behaviors so common in dementia care? This session outlines the reasons for these behaviors and provides lots of suggestions for responding - calmly and respectfully - when these behaviors occur.

#### **Objectives:**

- Review how the brain changes of dementia impact a person's sexual behaviors
- Detail suggestions for ways to respond to the sexual behaviors in dementia care
- Identify care issues specific to the LGBTQ+ community that are important to know in long-term care
- Provide an overview of the concept of "consent"

**April 14: The Cruellest Dementia: Understanding FTD**

It is estimated that there are nearly 60,000 people in the United States living with some form of Fronto-Temporal Dementia, yet many healthcare professionals know very little about it...which is one of the reasons it usually takes more than three years to get an accurate diagnosis! In this session we will dig deeper into what sets this type of dementia apart from others, including Alzheimer's, and will explore the three sub-types of this disease, as well as the symptoms of each.

**Objectives:**

- Recognize the differences between FTD and Alzheimer's disease
- Understand the symptoms and care challenges common in each sub-type of FTD
- Evaluate specific care techniques to best support individuals living with different forms of this dementia-related disease

**April 28<sup>t</sup>: Understanding Huntington's Disease**

There are lots of possible reasons that may contribute to a person's Alzheimer's Diagnosis: lifestyle, environment, past head trauma, diabetes. But when talking about Huntington's Disease, the progressive brain disorder, there's just one culprit -- Genetics. Huntington's Disease is caused by a single defective gene which is inherited from our parents. This session outlines what Huntington's Disease is, its symptoms and diagnosis, and how the disease differs from other types of dementia-related diseases.

**Objectives:**

- Outline the brain changes occurring in Huntington's Disease and how they impact a person's mood and behaviors
- Recognize the early symptoms of Huntington's Disease and its treatments options
- Review the movement, cognitive, and mental health issues of both Adult-Onset Huntington's Disease and Juvenile Huntington's Disease

**May 5: Humor & Dementia: It IS a Laughing Matter!**

Humor is a form of communication. It can forge relationships and help people cope with life. Yet "humor" is generally not a word many associate with "dementia." This session outlines why it SHOULD BE - by reviewing the health benefits of laughter, identifying the types of humor that are best for someone with dementia, and by discussing what "gray humor" is.

**Objectives:**

- Recognize the health benefits of humor and laughter
- Distinguish between different types of humor and determine which work well for those living with dementia
- Review changes in the brain of a person with dementia and the impact those changes on a person's sense of humor
- Define gray humor and its role in stigmatizing dementia and the elderly



**ABOUT LORI DIEROLF:** *Having earned her bachelor's degree in Psychology from Millersville University of Pennsylvania, with a concentration in Human Relations, Lori Dierolf began her career as a Care Aide working with individuals who had suffered traumatic brain injuries.*

In 1996, she became the Human Resources Director in a skilled nursing facility, where she was responsible for all aspects of staff development and education for long-term care. Since then, in addition to her experience in skilled care, Lori has worked in a continuing care retirement community, and in personal care, where since 2006 she has also held certification as a Personal Care Home Administrator. She has conducted training sessions for the Boy Scouts of America, local senior centers, and other organizations and associations. Lori brings her light, entertaining style to all of her trainings. She engages her learners in ways that keep them interested and includes real-life examples to help learners put new skills into everyday practice.



**DHCFA Dementia Care Webinar Series REGISTRATION** Email to: [tmorris@dhcfa.org](mailto:tmorris@dhcfa.org) OR FAX to 302-239-4214 OR mail to DHCFA, 501 Silverside Rd. Suite 51, Wilmington, DE 19809

**PER SESSION: \$60 for DHCFA members, \$75 for non-members**

**REGISTER FOR ENTIRE SERIES: \$ 306 for members, \$382.50 for nonmembers**

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**Select sessions:**

- March 24: Understanding Lewy Body Dementia* .....\$ \_\_\_\_\_
- March 31: Wet Brain: What to Know about Wernicke-Korsakoff Dementia* .....\$ \_\_\_\_\_
- April 7: Sexuality & Intimacy in Dementia Care* .....\$ \_\_\_\_\_
- April 14: The Cruellest Dementia: Understanding FTD* .....\$ \_\_\_\_\_
- April 28: Understanding Huntington’s Disease* .....\$ \_\_\_\_\_
- May 5: Humor & Dementia: It IS a Laughing Matter!* .....\$ \_\_\_\_\_
- ENTIRE SERIES/SIX SESSIONS* .....\$ \_\_\_\_\_

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*NOTE: webinar link will be released when payment is received.*

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